



## ENGINEERS AUSTRALIA HONG KONG CHAPTER

### Eco-Tour to the New Life Eco Farm

- Date :** 22<sup>nd</sup> October 2011 (Saturday)  
**Time :** 1000am to 1400am (approx.)  
**Location :** 33 San Fuk Road, Tuen Mun, N.T.  
**Transportation :** By West Rail To Siu Hong Station, then take Light Rail (505 or 615) to Kin Sang Station. Meeting point will be at the entrance of the New Life Eco Farm at 09:40 am.

#### Programme Highlights

Members are cordially invited to a guide tour of the New Life Eco Farm. Eco-tourism of New Life Farm is the first social enterprise which offers nature-based tours in Hong Kong. The Farm is organized by New Life Psychiatric Rehabilitation Association who provides training and employment opportunities for people with mental illness and enhances public understanding and acceptance of people with mental illness through various activities and their interaction with the public.

The 4.1 hectares New Life Interactive Farm has different themed educational zones and lookout areas, including: Organic Agricultural Exhibition Gallery, Organic Herbs Garden, Organic Farming Zone, Butterfly Garden, Chinese Herbs Garden and Organic Cactus Garden. This Eco-Tour will bring you the concept of healthy living, environmental protection and mental health and the most important theme is to let you relax away from the hustle and bustle of city life. The Tour is suitable for all ages and members with family are welcome

The run-down of the tour is

#### 10:00 to 11:00am - **Guided tour in Organic Farm**

- Visiting Exhibition Gallery, learning about ecosystem, sustainable living and organic farming
- Visiting Organic Herb Garden , feeling different kinds of herbs, understanding their usage in our daily life
- Visiting Chinese Medicinal Herb Garden
- Visiting Cactus Garden and Butterfly Garden , understanding life cycle of butterflies

#### 11:00 to 12:00am - **Experiential activities in Organic Farming**

- Visiting Organic farming zone, understanding the concept of organic farming and its impact, its relations with environment and human being
- Participating in Organic farming activities: learning skills and techniques in organic farming, e.g. sowing and transplanting with different farming tools (Tools for farming are provided)

#### 12:00-13:00am - **Organic Herb Workshop - Soap**

- Collecting different organic herbs in the farm, making your own style “ORGANIC HERBAL SOAP”

#### 13:00-14:00am – **Special Lunch of the Farm**

- A main course with Fresh Organic Vegetable, Rice and Organic Herbs Tea.

#### Fee per attendee

**HK\$30** for member and **3 family members** and **HK\$60** for Non-members and guests.



**ENGINEERS AUSTRALIA  
HONG KONG CHAPTER**

The fee is inclusive of the activities and lunch, same charge for children and adult.

**Important Note, Registration and Enquiry**

The number of participants is limited to 30 and applications will be accepted on a first-come-first-served basis, with priority given to Engineers Australia members if oversubscribed.

Engineers Australia Hong Kong Chapter (the organizer(s)) or the parties concerned do not accept any liability in connection with this event. All participants should be responsible for their own safety and belongings. The organizer(s) shall not be held responsible for any losses or accidents caused to participants arising wholly or partly from their own fault, negligence or physical unfitness.

Please complete and return the Registration Form to Simon Fan preferably by email: [info@ieausthk.org](mailto:info@ieausthk.org) (or fax: 2430 9080) before 9 September 2011.

For enquiry, please contact Simon Fan on 9351 4963

**Continuing Professional Development (CPD)**

This visit will be counted 4 hours CPD.

**Eco-Tour to the New Life Eco Farm  
(22 October 2011) Registration Form**

(Note: No payment is required until confirmation of your registration by Simon FAN)

Name	IEAust No.	Relation with member	Fee \$30 / \$60	Phone No.

**Choice of Lunch:** - choose one for each participant

Item	Main Course	No. of Choice
1.	Chicken fillet with herbs and tomato concasse	
2.	Pork chop with lemon grass	
3.	Marinated chicken wings with sweet sauce and Rosemary	



**ENGINEERS AUSTRALIA  
HONG KONG CHAPTER**